



## Welcome to the July 2015 LaDDER Newsletter

This email newsletter has been funded as part of ARC's **Here To Stay** project.

The project is nearing completion and the findings will be presented at ARC's annual conference, ***Here and Now – current issues of human rights for people with learning disabilities***, which this year is being held on Thursday 8 October at Wolverhampton Racecourse. The conference will consider rights and equality issues faced by people with learning disabilities. For all those who receive these LaDDER newsletters, this conference should be of interest. Please put the date in your diaries now and the conference outline and booking details will follow.

***Best wishes***

***Bridget Fisher***

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### **1. Micro-provision of Social Care Support for Marginalized Communities – Filling the Gap or Building Bridges to the Mainstream?**

Catherine Needham and Sarah Carr, University of Birmingham

**This report** considers how very small community-based organisations can work directly with individuals. These micro-providers are assumed to be able to cater for the ‘seldom heard’ groups which have been marginalised within mainstream social care. [Download the report here...](#)

## **2. Dementia and cancer in the Irish community in Britain**

**Mary Tilki, Irish in Britain, Better Health Briefing Paper 38, Race Equality Foundation, July 2015**

The absence of up to date evidence about the Irish community is occasionally noted, but, due to a tendency to define ethnicity in terms of skin colour, policy makers and commissioners generally fail to commission research on this group. The presumption that the Irish community have the same problems and needs as English people underplays evidence that poor health and limiting long term illness continue into the second and third generation of Irish migrants. This paper considers the experience of the Irish community in Britain in relation to cancer and dementia, considering the impact of demographic and cultural factors on the prevalence of these conditions and the uptake and appropriateness of treatment. [Read the report here...](#)

## **3. Ethnic Health Initiative Conference, London 21 September 2015 ‘Family Therapy Across Cultures’**

The complexity of working with ‘race’ and cultural differences within the Family Therapy field, remains underestimated, and occupies only a marginal position in social and mental health care. Consequently, inequalities in mental health continue.

This one-day conference will explore these complexities and debate the critical perspectives, themes, and concepts within the field of Family Therapy with BME communities. A range of illustrative case studies, clinical practices, and research will be presented by eminent thinkers and practitioners in psychotherapy and social sciences. [Click here for more details...](#)

## **4. The Family Carer Support Service (FCSS) is now offering a Freephone service for family carers of people with learning disabilities.**

The support service, which is run by Hft – the learning disabilities charity, will offer free telephone support, including from mobiles, between 8.30am and 4.30pm weekday. Support can be accessed

using The Big Word telephone translation service which is available for people who don't speak English.

The Freephone number is **0808 801 0448**

The FCSS is the only free national support service for family carers of adults with learning disabilities. Support provided via the Freephone service includes helping family carers know their rights, understand the law, how to navigate health and social care systems and challenge decisions.

## **5. The Future of Public Health in England Conference, University of Salford 27 November 2015**

The transformation of public health in England has not been without its critics. There have been accusations that the transfer of responsibility for the improvement of public health to local authorities has in some areas led to public health funding dropping below an acceptable level as other issues are deemed more of a priority by local councils.

Delegates at The Future of Public Health in England conference will gain a comprehensive overview, from experienced public health experts and those most affected by the changes to public health in England, of the far reaching influence the Health and Social Care Act 2012 has already had. Delegates will also gain insights into the impact of the act is likely to have on the future of the day to day work of public health. **Find out more...**

## **6. Information on the Mental Health Act can now be downloaded in Easy Read format**

The Mental Health Act is a law which tells people with a mental health disorder what their rights are and how they can be treated. The term "mental health disorder" is used to describe people who have:

- a mental illness
- a learning disability
- a personality disorder

Being detained (also known as sectioned) under the Mental Health Act is when you are made to stay in hospital for assessment or treatment. It is important that you know what happens to you when you are detained, what your rights are and where you can seek help.

The Mental Health Act Code of Practice tells everyone how to use this law and what they must do. The leaflets explain in detail what information you should get:

- if you are sectioned
- what health professionals should or shouldn't do
- what your rights and choices are

You can download or print out each leaflet from the [NHS England website here](#). Ask someone you trust to explain anything that is unclear to you.

## **7. Videos on Defenders of Human Rights**

A series of short videos on what human rights mean for health and social care workers is available on [Equality and Human Rights Commission website here](#).

## **We hope that you have found LaDDER useful and informative**

**If you have any information to share for the next edition please send it to [Bridget.fisher@arcuk.org.uk](mailto:Bridget.fisher@arcuk.org.uk)**

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