



Welcome to the April 2015 LaDDER Newsletter

LaDDER is produced as part of the resources of ARC's **Here To Stay** project.

We are now in the final year of the project and are preparing the findings to produce guidance on providing good learning disability services for migrant communities.

We are still seeking people with learning disabilities from ethnic minority backgrounds to interview. This is the LAST chance for anyone you support to be interviewed for the project. If you support or know of anyone who would like to take part please contact me **bridget.fisher@arcuk.org.uk** with their contact details.

There are 10 pieces of information in this edition of LaDDER – if you have anything you would like to share please send it to me by the end of June for the July edition.

This edition of LaDDER is divided into resources, conferences and reports.

Best wishes

Bridget Fisher

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Resources:

1. Chat and Mingle website

A website to help people with disabilities from Black, Asian and minority communities, living in the UK meet new friends with the click of a button. With Chat and Mingle, you can make the most of the online world and meet like-minded people, share hobbies, dreams and just about anything!

Click here to see their website for more details: www.chatandmingle.co.uk

2. How to use the NHS short films

Short films available on Youtube to show new migrants how to use the NHS. Videos available in Arabic, Cantonese, Farsi/Dari, French, Kurdish, Mandarin, Polish, Somali, Sylheti and Urdu - use the drop-down box below the video title to access them.

Click here to view...

3. Disability Matters

An online learning resource produced by the Royal College of Paediatrics and Child Health. It contains a section on 'Disability, Culture and Languages'. **Click here for further information...**

Conferences:

4. Prevention, Protection, Prosecution: The Next Steps to Tackle Hate Crime in Every Community

Wednesday 20th May 2015

10:15am - 4:30pm

London

- This event will examine how to prevent hate crime by challenging harmful attitudes and

- behaviour in sport, media and amongst the public
- Consider how to build cohesive communities, addressing tension and promoting shared identities
- Assess how to increase reporting rates by raising confidence in the criminal justice system and providing better support for victims
- Explore how to improve operational responses and target policing in order to prevent repeat victimisation
- Discuss how to deliver a joined-up approach across the criminal justice system to ensure effective sentencing

[Click here for more details and to register...](#)

5. Diversity and disabilities: improving health outcomes for young people and adults with intellectual disabilities from black and minority ethnic communities.

Tuesday 26th May 2015

9.30am - 5.15pm

London

This event aims to:

- Improve the cultural sensitivity of all health and social care professionals working with patients with Intellectual disabilities from black and minority ethnic communities
- Improve the accessibility of United Kingdom health services for black and minority ethnic young people and adults with intellectual disabilities
- Share good practice models for mental health interventions for people from black and minority ethnic communities with intellectual disabilities

[Click here for more details and to register...](#)

6. Islamic Psychology and Mental Health: Working Collaboratively

Wednesday 10th June 2015, London

or

Friday 12th June 2015, Manchester

9.00am - 4.30pm

Clients from Muslim backgrounds are increasingly using Mental Health and Psychological Services in the UK and present with varied explanatory models of mental distress, coping and treatment. Muslims also differ between themselves in terms of their degree of religiosity, particular cultural background and perceived discrimination. It is then important that there is some collaborative understanding on how this complexity impacts on the delivery of effective mental health services.

This conference aims to explore and debate the critical perspectives, themes and concepts that underpin 'Muslim Psychology' and models of mental health and illness and consider how these might relate to 'mainstream' psychological and mental health services in the UK.

[Click her for more details and to book...](#)

7. International Conference on Diversity, Equality and Social Justice in Early Childhood

**4th and 5th June 2015
Birmingham**

A conference to consider 'no quality without equality' in early childhood.

As DECET, the international network that works for diversity, equality and social justice in early childhood, our position is clear: Firstly, questions of 'quality' are first and foremost connected to the rights of all children to grow up and live free of discrimination. Secondly, all means all – regardless of a child's or their family's race, ethnicity, colour, sex, gender, language, belief, religion, nationality, legal status, economic status or ability.

THERE CAN BE NO QUALITY WITHOUT EQUALITY

The international conference, jointly hosted by DECET and Newman University, is a forum for practitioners, trainers, academics, policy makers and activists to explore crucial questions we believe should sit at the very centre of any discussion about 'quality' in early childhood:

How to achieve quality for all?

Quality for whom – whose quality?

Quality with whom?

[Click here for more details and to book...](#)

8. Making Diversity Interventions Count

Tuesday 16th June 2015, Great Hall, University of Bradford

5th Annual International Conference

Sponsored by The Centre for Inclusion and Diversity

- Learn about the latest research on diversity and diversity interventions nationally and globally
- Debate the policy context of diversity interventions in employment and service delivery in the public, private, voluntary and community sectors
- Develop a deeper understanding of the drivers, critical success factors and obstacles to effective application of diversity interventions across the whole employment cycle
- Meet and network with those committed to researching and advancing equality and diversity policy and practice

[Click here for more details and to register...](#)

Reports:

9. A report from Sheffield Hallam University

Ethnicity, neighbourhood deprivation and quality of life has for the first time explored how Office for National Statistics well-being data varies across different ethnic and cultural populations in the UK.

The results show that all Black and minority ethnic groups experience a lower level of overall wellbeing than White British people. [Click here for more details and to download the report...](#)

10. A Report from the National Institute for Health Research

Satisfaction with adult social care among Bangladeshi, Pakistani and white British populations.

The overall conclusion of this research is that lower levels of satisfaction among Bangladeshi and Pakistani service users than among white British service users result from barriers to access, provision which is not appropriate, or which is culturally adapted but in such a way that it does not reflect the preferences of service users and their families. The key recommendation flowing from this is that when providing care to a culturally diverse population, a person-centred approach is needed, based on an understanding of people's cultural, linguistic and religious background without making assumptions. Care needs to be culturally sensitive but also sensitive to other aspects of the service user's circumstances because the impact of ethnicity on care needs is nuanced. We found that carefully administered satisfaction surveys measure satisfaction consistently and do highlight genuine differences in satisfaction between groups.

There was widespread confusion about the organisation of adult social care services in all groups, particularly among Bangladeshi and Pakistani service users and their relatives who had often struggled on their own for years before finding out about adult social care services. They faced educational, language and cultural barriers to obtaining information. Service users and relatives from all three ethnic groups alluded to a need to 'fight' for services. Bangladeshi and Pakistani families who were not fluent in English found it extremely challenging to argue their case. Merrell (2006) found similar inequalities in service provision. Furthermore, there were experiences of poor communication by local authorities among all three ethnic groups. Local authority staff believed that a shift from face-to-face communication to telephone contact centres presented particular problems for people who were not fluent in English.

[Click here for more details and to download the report...](#)

We hope that you have found LaDDER useful and informative

If you have any information to share for the next edition please send it to Bridget.fisher@arcuk.org.uk

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