

# Developing Resilient Teams



**Date:** 5th March 2024 | 9.30am-12.30pm

**Method of Delivery:** Zoom

**Cost:** ARC Member ~~£65~~ £35 | Non-Member ~~£90~~ £65

To provide managers who manage teams with the skills to develop resilient teams.

## By the end of the course learners will:

- have explored the concept of leading with emotional intelligence and how this supports the development of resilient teams.
- be able to describe why emotional intelligence is essential during challenging times.
- know how to describe the behaviours of an emotionally intelligent and resilient leader.
- identify management and leadership practice that supports the emotional wellbeing and resilience of teams.

**Booking Arrangements:** To secure a place complete and return a booking form to the ARC NI Training email [training.ni@arcuk.org.uk](mailto:training.ni@arcuk.org.uk)