

Why is Choice and Control a Health Priority?

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What is Choice and Control?

- The ability to arrange your own care and support.
- To receive the services you need in a way that suits you and your family, and
- Offers more control over the way your services are delivered.



Benefits for Individuals

- Live independently and stay healthy,
- Maintain your living circumstances and be with your family,
- Play an equal part in your local community, and
- Enjoy the best quality of life.

Operational Context

- Personalised support – providing meaningful choice and control
 - Self-Directed Support, Direct Payments & Individual Budgets
 - Day activity
 - Independent Living, Home and Accommodation
 - Peer Support
 - Short Breaks/Respite

Barriers



TRANSITIONS



COMPLEX
NEEDS



FURTHER
EDUCATION



DAY SERVICES



EMPLOYMENT



TRANSPORT



LEISURE



PERSONAL
RELATIONSHIPS

LD Service Model

Meaningful
Lives and
Citizenship

Carers And
Families

Health

Home

Transitions

Mental Health

Evidence & Research

- **Meaningful Lives:** Providing a person with meaningful choices on what they to do, where and when they want to do it, and when.
- **Carers and Families:** Families can play a significant role to enable people with learning disabilities to access services but also in terms of support, transport and encouragement.
- **Health & Wellbeing:** People with learning disabilities should be empowered to make healthier life choices and take ownership of physical health.
- **Home:** Choice on environment, cohabitants and location are critical to enabling people with learning disabilities to live independently.
- **Transitions:** This is identified as a key mechanism to explore activities and interests as a person moves to adult services and throughout their life.
- **Mental Health:** It is recognised that appropriate social support, underpinned by choice and control, can play a significant role to improve mental health outcomes.

Next steps

- LD Service Model
 - Phase 1 – Evidence & Baseline Data
 - Phase 2 – Refresh and pre-engagement
 - Phase 3 – Costings & Deliver Plan
 - Phase 4 – Public Consultation

Close

Contact

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