Association for Real Change NI Connecting the Learning Disability Community Impact Report 2021-22

In ARC NI, we are all about connecting people who want to improve the lives of people with a learning disability and help them work together.

In 2021-22:

We facilitated over 350 meetings and connected 3,532 people.



We facilitated over 450 meetings, hearing over 1,000 voices of experts by experience.



We had 6 new members join us.

We had over 1,500 people visiting our website and over 450 views of our films on Youtube during Learning Disability Week.



We delivered 81 courses and helped 1,059 staff across 123 organisations develop their practice.



TILII Translates produced 67 Easy Read documents and 19 TILII TV films.

Graphics: Pixabay - Peggy_Marco

In ARC NI, we are all about connecting people who want to improve the lives of people with a learning disability and help them work together. These might be leaders of services, Health Trusts who commission services, people who make policies in Northern Ireland Government Departments, frontline staff, family carers and people with a learning disability.

We do this in different ways.

• We bring people together in meetings to talk about things that are and are not working and together we think of ways to make it better.

"I just wanted to say thank you to you and your team for doing so much. We are bombarded by many pieces of information hourly, but I have found ARC's is by far the most useful and appropriate."

• We meet with our 'Telling It Like It Is' groups of people with lived experience (experts by experience) and support them to advocate their views.

"I really like being a part of TILII I can give my ideas and get my voice heard. I especially enjoy TILII TV. I enjoy making films for my friends to help them understand important information. I also like making fun films like our virtual cruise for LD week. I love singing and telling jokes. I am a great comedian, and it is good because I am famous on TILII TV."

- We provide membership which offers range of benefits to learning disability providers who provide services including:
 - living options e.g. Care Home, Supported Living etc;
 - day activities e.g. Day Centres, Day Opportunities; and
 - > short breaks / respite.

"I have often seen members calls for help come out from ARC but I don't think I have ever asked for one to be made. Just from a personal perspective, can I say how much I appreciate this and how valuable this resource is."

 We make information accessible and easy to understand through our translations service (TILII Translates), led by experts by experience.

"Can I just put on record to you my extended thanks and appreciation for the quick turnaround of the translation we needed. It's very much appreciated. The team were so accommodating and provided amazing support during what was a hectic couple of weeks and a lot of changes from our end."

 We support staff learning and refreshing their practice on a number of important areas through training, such as safeguarding and person-centred practice.

"Although I've been doing this job for a number of years, I welcomed this training which reminded me of the things I may have taken for granted and helped me put myself in the position of the people I support, seeing things from their perspective."

 We raise awareness of the issues important to people with a learning disability and their family carers during Learning Disability Week.

"Fantastic work folks. Your activities are always great fun and are widely enjoyed by our patients and the staff team. We always look forward to taking part in the TILII adventures, they certainly cheer everybody up during tough Covid times."

 We attend meetings and respond to public consultations to share the views of the learning disability community to highlight the change needed to make a positive difference.

"I shared your letter with our Trustees, and they have all reverted with their appreciation for your work and their support for your letter in particular. Thank you for representing us."



Association for Real Changes operates across the UK.

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