

Looking Back and Moving Forward

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Review of Adult Learning Disability Community Services Phase II



Terms of Reference

1. Progress against Phase 1 of RQIA's 2013 report, "A Baseline Assessment and Review of Community Services for Adults with a Learning Disability"
2. Review the quality and effectiveness of services for adults with a learning disability against the Service Framework
3. Obtain the views of service users and carers
4. Report on findings and make recommendations in a single report for publication

Outline Methodology

- Action plans sought and evidence of progress made in relation to Phase 1 of the RQIA review
- A questionnaire was sent to all trusts to provide information on progress against standards
- Meetings held with staff responsible for providing and managing learning disability services
- Stakeholder consultation held with adult and carer groups from all five trusts
- Met a range of voluntary organisations

What We Found

- **Commitment and dedication demonstrated by all teams**
- **Service still on a journey of transformation**
- **Building Structures – potential to offer better quality services in the future**
- **Significant improvements since 2013 in number of areas**



Improvements Noted

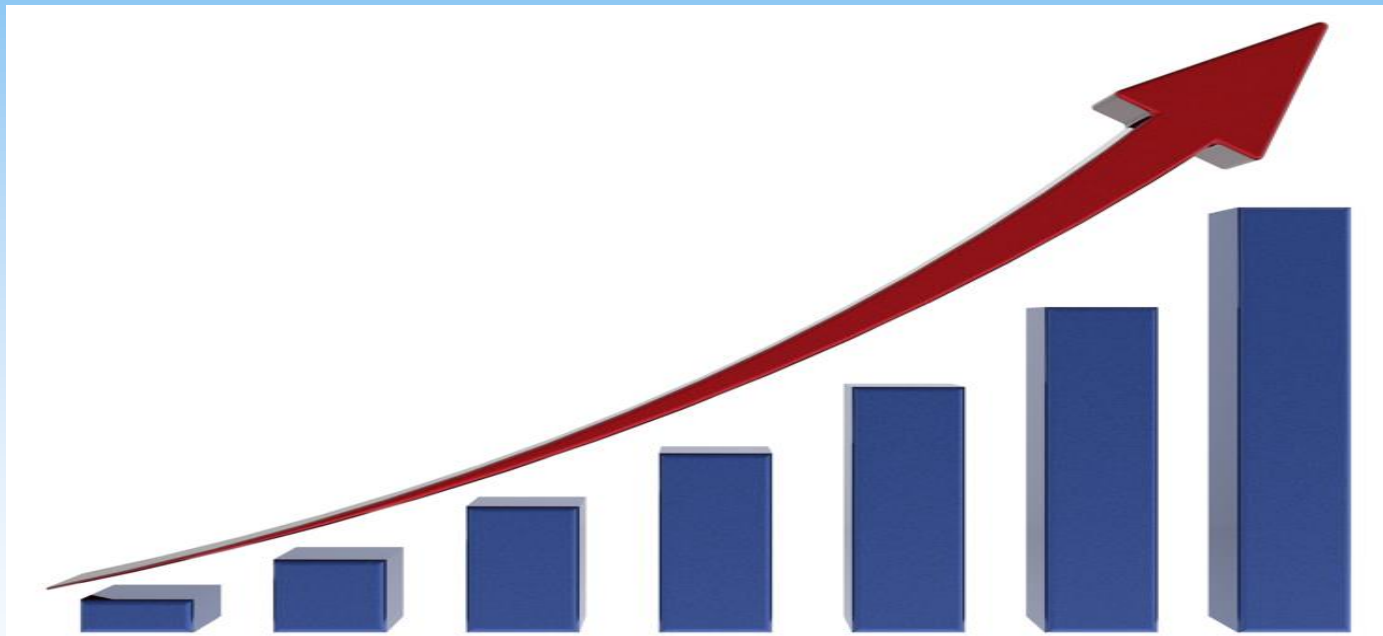
- Community teams are restructured and enhanced
- Regional Safeguarding of Vulnerable Adults Policy
- Wider choice of day activities / opportunities
- Higher uptake of screening by GPs in four trusts
- Specialist teams established to help carers manage challenging behaviours
- More evidence of stakeholder reference groups



Engagement with service users is critical...

Areas of Concern

Management of increasing referrals (14 to 25 years)



Information systems / Access to Information



Investment in Adult Learning Disability Services (2014-15)

	Belfast	Northern	South Eastern	Southern	Western	Grand Total
Community/ Personal Social Services £k	£49,875	£52,665	£46,522	£50,676	£34,441	£234,180
Hospital £k	£7,231	£8,042	£7,093	£4,742	£3,916	£31,024
Total £k	£57,106	£60,708	£53,615	£55,418	£38,357	£265,204

Supported Accommodation

- Marked differential noted in percentage of people living in nursing and residential homes across NI
- Most adults, live with carers and need to review family support services
- Disparity evident in provision of short breaks/ domiciliary care

Day Services, Day Opportunities & Employment

- Around two thirds of people with learning disability use day services
- Different range of schemes evident across trusts
- No evidence of trusts evaluating the outcomes of different schemes
- RQIA recommend HSCB review this and tendering of services by trusts
- Very few in paid employment

Employment of Health Facilitators

- Available in every trust
- Wider range of easy to read health screening materials, but:
 - progress on implementation of the individual health action plans is slow
 - no regional agreement as to form they will take
 - no regional method to record health outcomes from their use

Clinical Dashboards

- Was a recommendation by RQIA in 2013
- Dashboards reviewed did not evidence clinical reduction i.e. smoking, obesity etc.
- Difficult to gauge effectiveness of clinical interventions

Development of Interfaces between Services

- Improvements noted between mental health and older peoples services
- Slow progress in accessing mental health services (Mild learning disability)
- RQIA recommend targets should be agreed to meet this standard

Assessment of Clinical / Social Care need and NISAT

- Trusts all using different tools to assess need
- NISAT version for over 65s piloted in Southern Trust but not electronically
- RQIA recommends Department of Health review appropriateness of NISAT for Adults with a Learning Disability and issue guidance to trusts

Managing transitions from Children's to Adult Services

- None of the five trusts are approaching transition planning similarly
- Regional protocol still in draft
- Families concerned about reduction in services, particularly for those with more complex needs requiring more than one medical speciality
- Lack of clarity by staff of funding from transition fund for looked after children to adult services
- Trusts need a five year financial projection of resources required

Number of patients in active treatment and delayed discharge (31 Jan 2016)

	Inpatient Treatment	Delayed Discharge
Belfast Trust	15	18
Northern Trust	10	16
South Eastern Trust	9	14
Total in Muckamore	34	48
Southern Trust	5	3
Western Trust	2	7

Uptake of Carers Assessments

- Low uptake noted across 5 HSC Trusts
- Advocacy



Implementation of Service Framework

- **Status of key performance indicators (KPIs) from Service Framework for Learning Disability**

Status of KPIs	Green	Amber	Red	Total number
Number of KPIs	27	25	4	56

Stakeholder Consultation

- Spoke to over 200 adults and parents with a learning disability
- 17 different groups across Northern Ireland

KEY CONCERNS

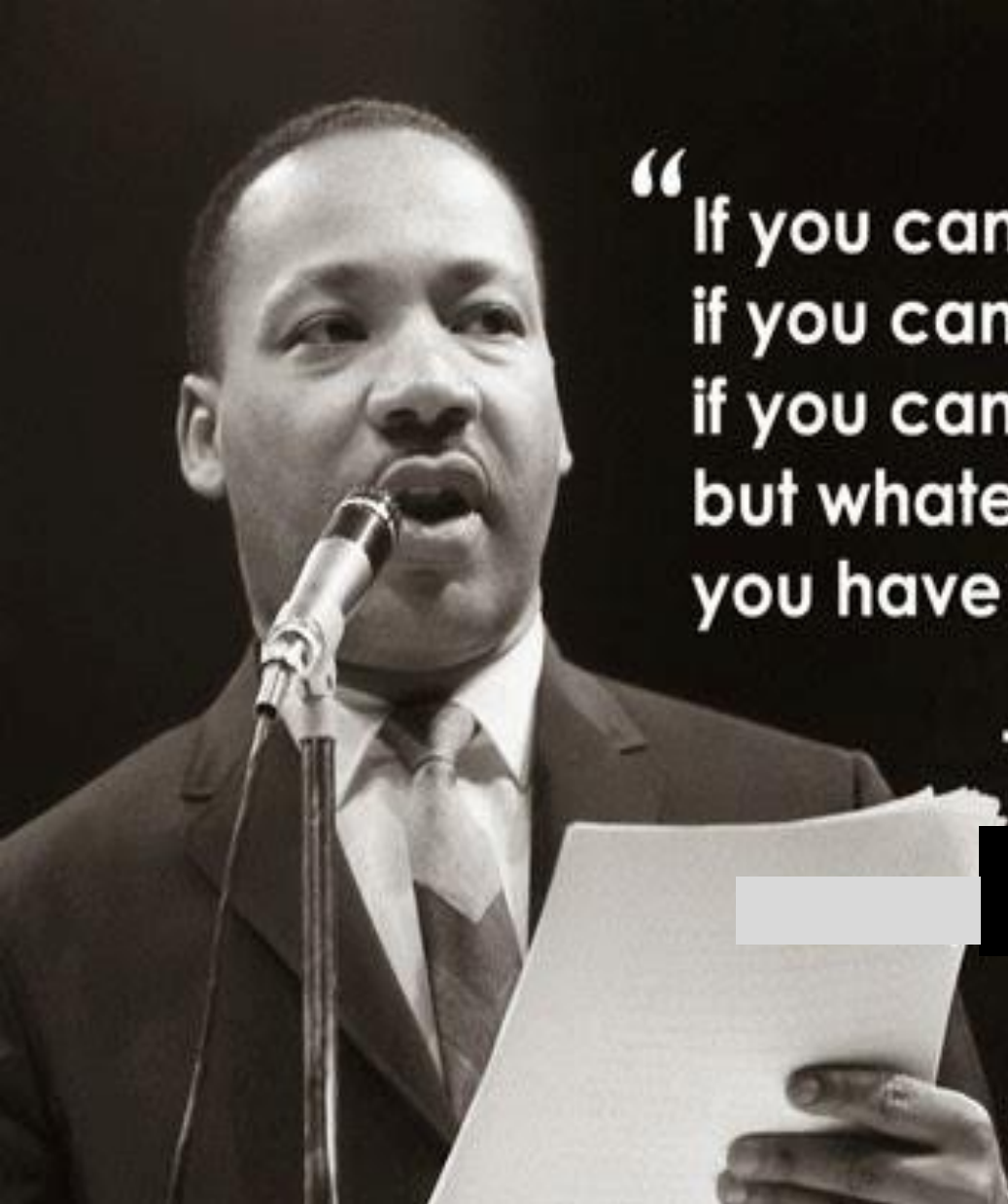
- Transition planning
- Future planning
- Communication and active involvement
- Engagement and development of services
- Delayed discharge

Action Required

- Admission of people with mild learning disability to mainstream mental health services
- Evidence base for model of service configuration
- Review the reason for low uptake of Carer's Assessments regionally by HSC Board
- More consistent interpretation of KPIs in Service Framework
- Monitoring of Service Framework in future
- Resettlement of long stay patients in home of their own

Building a World Class Service for Adults with a Learning Disability

- Invest in a wider debate on evidence of what works well
- Closer working across Government Departments
- Redesign services with service users around their changing needs and aspirations



“If you can't fly, then run,
if you can't run, then walk,
if you can't walk, then crawl,
but whatever you do,
you have to keep moving forward.

— Martin Luther King Jr.



Thank You