Letter to Participants

Dear [name]

Who are we?

We are researchers from the University of Wolverhampton working with the Association for Real Change. We talk to people with a similar experience of caring for a person with a learning disability. We would like to invite you to participate in a discussion group and share your experience.

Why did you receive this letter?

We found you thanks to people who also take care of people with learning disabilities.

Participant Information Sheet

We have attached *Participant Information Sheet* with more details about what we want you to do for us and why. Please read it carefully.

What will happen next?

We will call you to ask if you wish to take part. We will tell you on the phone **what day** and **what time** we will have a meeting. We will also tell you **where** the meeting will take place.

Who do you contact if you want to know more about this discussion group?

You can contact:

Dr Olga Kozlowska

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