Letter to Participants

Dear [name]

Who are we?

We are researchers from the University of Wolverhampton working with the Association for Real Change. We talk to people with similar needs to yours about their lives. We would also like to talk to you.

Why did you receive this letter?

We found you thanks to people with the same needs as yours.

Participant Information Sheet

We have attached *Participant Information Sheet* with more details about what we want you to do for us and why. Please read it carefully.

What will happen next?

We will call you to ask if you wish to participate. We will agree on the phone **what day** and **what time** we will meet. We will also agree **where** the meeting will take place.

Who do you contact if you want to know more about this conversation?

You can contact:

Dr Olga Kozlowska

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