



Christine Rose Creating an Ordinary Life – Active Support Project Manager Tel: 07917 523 778 email:

christine.rose@arcuk.org.uk

Project Administrator Lorraine Hewitt

Hello, my name is Lorraine Hewitt and I am the temporary Administrator covering Liz Soames' absence for maternity leave.

I have spoken with many of you regarding your experiences of the Active Support Project and you

Welcome to the fourth edition of the Creating an Ordinary Life - Active Support Newsletter

The second year of the Active Support project has seen a further 20 services enrolled. All the services have attended training and have received support from the ARC project team. Each service has embraced the model with people being supported and engaged more in their own lives, both at home and in the community. Teams are beginning to work *with* a person and not *for* a person.

"Good support depends on a skilled and motivated team."

Continue reading...

Below we have news about the ARC Annual Conference in September, which this year focuses on our Creating an Ordinary Life, Active Support project. The project is funded by the Department of Health.

Also below is some of the feedback from Services engaged in the Project. It's great to see some of the benefits the Project has had for people in their services.

Thank you again to everyone who has contributed to this newsletter.

Christine Rose

Creating an Ordinary Life Conference

Annual Conference, Active Support - Creating an Ordinary Life

generously gave your time to chat with me. The experiences you relayed to me have been overhwelmingly positive and have provided me with a great insight into the project. I understand that even small improvements in the daily routine of the people you support can have a tremendous impact and can also benefit the staff as well.

I look forward to working with you. **Lorraine**

Contact me at: lorraine.hewitt@arcuk.org.uk

Date: Wednesday 17th September 2014

Venue: Cardiff City Hall

Edwin Jones is the Keynote Speaker and we've already confirmed the following speakers; **Kathy Lowe, Sandy Toogood, Paul McWade** and **Paul Griffiths**. There will also be presentations by Robert Owen Communities, Edward Lloyd Trust and Martha Trust giving an overview of how the Project has developed in their service.

For further details contact Christine on 0791 7523 778

Book now: £69 ARC Members (£89 Non-members)

Reviews from Pilot Services

The following excerpts are from services implementing the Creating an Ordinary Life - Active Support Project. They have reflected on how Active Support is impacting on their service and teams and how the implementation of the Active Support approach is progressing within their service:

- "We have found that Active Support is a great tool."
- "Active Support has revolutionised the way we support people."
- "The staff teams are more confident in developing the skills of the people we support."
- "I am now pleased to say we are a very different service to what we were a year ago."

Read the full feedback on the Reviews from Pilot Services

Further Information

If you would like to know more about the project please see the **ARC Active Support website** or contact Christine if you would like to discuss Active Support further.

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Email: christine.rose@arcuk.org.uk

Tel: 07917 523 778

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Association for Real Change ARC House Marsden Street Chesterfield S40 1JY

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